

Sample Child's Assent Form 2
This can also be converted to an Information Sheet
Note the large font and blocked paragraphs

Project Title: Efficacy of Self-Hypnosis for Daily Pain Control In
Children with Sickle Cell Anemia
Principal Investigator: Dr. Alice Jones

Your therapist and parents (or guardians) have talked to you about being part of a study using self-hypnosis and your imagination to help you deal with sickle cell pain.

If you decide to be in the study you will do these things:

1. Fill out many questionnaires that ask you questions about things you do, how well you think you can do things, and how you feel about yourself and things around you. Also, someone will call you on the phone 3 times a week to ask you questions about how much you hurt, what kinds of medicine you take, and what kind of things you do during the day.
2. You will try to learn new skills about how you can use your imagination to help you deal with sickle cell pain. You will have to spend time with the therapist to learn how to do this. The therapist will coach you about how to focus your attention and use your imagination to make you feel better. The therapist will make an audiotape to take with you so that you can practice these skills whenever you want. Your parent or guardian will be with you to help you learn these new skills.

These procedures may cause you to have to spend more time at the hospital so that you can fill out questionnaires and learn self-hypnosis skills. Also, it is possible that you may think about your pain more because there will be people asking you about it 3 times a week.

You can ask questions about this study at any time.

You can decide not to be in this study, or later on, you can decide that you want to be taken out of it. Whatever you decide to do, your therapist and doctors and nurses will not be angry with you and will continue to treat you as his/her patient.

Participant/Patient _____ Date _____

Researcher's Signature _____ Date _____

Reason why Participant/Patient did not sign: _____

